

ELDAC COVID-19 Webinar Quick Links

Please see below links to the resources that were presented in the ELDAC COVID-19 webinars for Residential Aged Care and Home Care.

Relevant Resources for both Residential and Home Care

1. National COVID-19 Clinical Evidence Taskforce Guidelines

The taskforce supports Australia's healthcare professionals caring for people with COVID-19. The clinical guidelines are evidence-based, continually updated and cover:

- General Information
- Living Guidelines
- Clinical Flowcharts
- Treatment & Monitoring
- Next steps in care

Also available is specific advice for mild COVID-19 symptoms that are part of the overall symptom presentation and <u>the taskforce flowchart</u> for management of mild COVID-19 cases.

- Australia and New Zealand Specialist Palliative Medicine (<u>ANZSPM</u>) COVID-19 Special Interest Group (COVID-19 SIG) has developed guidance for COVID-19. The best practice guidelines are available on the ANZSPM <u>open-access Publications/Guidance Documents</u> webpage and include:
 - Preamble Palliative Care in the COVID-19 context (PDF File 204k)
 - Essential palliative & end-of-life care in the COVID-19 pandemic (PDF File 230k)
 - Palliative Care Communication in the COVID-19 context (PDF File 452k)
 - Pandemic-context palliative care triage a response to COVID-19 (PDF File 271k)
 - Solutions to supply and access issues for palliative care medications during COVID-19 (PDF File - 370k)





- 3. The forms listed below on end of life care are specific to South Australia and are for general information purposes only. Check your state health department for specific guidelines and forms.
 - <u>Tool 1: Resuscitation Plan 7 Step Pathway Diagram</u> (South Australia Health)
 - <u>Tool 2: Recognising when a Person is at end-of-life</u> (South Australia Health)
 - <u>Resuscitation Alert Form</u> (Community Version, South Australia Health) Includes the statement on "Not for transfer to hospital unless palliative care measures fail to maintain the comfort and dignity of the patient/resident in their place of residence".
 - <u>Prescribing Guidelines for the Pharmacological Management of Symptoms for Adults in the</u> <u>Last Days of Life</u> (South Australia Health)
- 4. <u>The Supportive and Palliative Care Indicator Tool (SPICT[™])</u> can help you to identify a person whose health is deteriorating. More on the SPICT is available at the ELDAC Toolkits:
 - <u>Residential Aged Care Toolkit</u>
 - Home Care Toolkit

Recommended Journal Articles on Palliative Care during a Pandemic

- 5. Arya A, Buchman S, Gagnon B, Downar J (2020 epub). <u>Pandemic palliative care: beyond</u> <u>ventilators and saving lives</u>, *Canadian Medical Association Journal*, 92:E400-4. doi: 10.1503/cmaj.200465.
- Australian Medical Association (AMA) Position Statement (2008, Revised 2014). <u>Ethical</u> <u>Considerations for Medical Practitioners in Disaster Response in Australia Australian Medical</u> <u>Association (AMA)</u>, Position Statement: Ethical Considerations for Medical Practitioners in Public Health Emergencies in Australia.
- 7. Downar J, Seccareccia D; Associated Medical Services Inc. Educational Fellows in Care at the End of Life (2010). <u>Palliating a pandemic: "all patients must be cared for"</u>, *Journal of Pain and Symptom Management*, 39(2):291-5. doi: 10.1016/j.jpainsymman.2009.11.241.

Home Care Specific Resources

8. The augmented <u>caring@home</u> COVID-19 packages for clinical service providers discussed during the ELDAC by Professor Elizabeth Reymond can be ordered <u>here</u>. These packs are funded by the Australian Government and include an Emergency COVID-19 pack to support home-based care and help limit risks of community COVID-19 transmission.



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